CLAIMS

1. A C-clamp capo, comprising:

a string press for providing a clamping down of strings against a front side of a fretboard of a stringinstrument, and having an extension arm that curves behind;

an idler clamp with a first pivot attachment to said extension arm, and for providing a clamping action against a backside of said fretboard;

a first insert disposed along an inside surface of the string press;

a second insert disposed along an inside surface of the idler clamp;

a positioning bumper disposed on one inside end of either the first or second insert and providing for a consistent depth of engagement between the capo and said fretboard of said string-instrument; and

a locking lever with a second pivot attachment to said extension arm behind said first pivot attachment, and for providing a locking action against a backside of said idler clamp.

- The C-clamp capo of claim 1, wherein:
 the positioning bumper extends out about 0.25-0.30
 inches from said insert.
 - 3. The C-clamp capo of claim 1, wherein:

 the inserts are a resilient material with a

 Durometer of about 50=70.

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4. A C-clamp capo, comprising:

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a string press for providing a clamping down of strings against a front side of a fretboard of a stringinstrument, and having an extension arm that curves behind;

an idler clamp with a first pivot attachment to said extension arm, and for providing a clamping action against a backside of said fretboard;

a continuous insert that is disposed all along an inside surface of the string press from a distal end to said first pivot attachment, and that bridges over and is disposed all along an inside surface of the idler clamp out to its distal end;

a positioning bumper disposed on an inside corner of continuous insert and providing for a consistent depth of engagement between the capo and said fretboard of said string-instrument; and

a locking lever with a second pivot attachment to said extension arm behind said first pivot attachment, and for providing a locking action against a backside of said idler clamp.

- 6. The C-clamp capo of claim 5, further comprising:

 a plastic, pointed tip disposed on a distal end

 of the setscrew and providing for a smooth engagement along a backside of the idler clamp.

- - 9. The C-clamp capo of claim 4, wherein:
 the positioning bumper extends out 0.25-0.30 inches from said insert.

10. The C-clamp capo of claim 4, wherein:
the continuous insert is a resilient material with
a Durometer of about 50-70.

11. A capo, comprising:

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a string press for providing a clamping down of strings against a front side of a fretboard of a stringinstrument, and having an extension arm that curves behind;

an idler clamp with a first pivot attachment to said extension arm, and for providing a clamping action against a backside of said fretboard;

a resilient pad disposed around a part of the string press;

a resilient insert disposed along an inside 30 surface of the idler clamp;

a positioning bumper disposed on an inside end of the resilient pad and providing for a consistent depth of engagement between the capo and said fretboard of said string-instrument; and

a locking lever with a second pivot attachment to said extension arm behind said first pivot attachment, and for providing a locking action against a backside of said idler clamp.

12. The capo of claim 11, wherein:

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the resilient pad is in the form of a sleeve that is slipped over the string press.